

Quiz

1	From where does the river Ganga originate?	A. Mansarovar B. Gaumukh C. Auli D. Kedarnath
2	Which of these rivers flows into the Arabian Sea?	A. Krishna B. Cauvery C. Mahanadi D. Narmada
3	Over the water of which river did two Indian states start arguing in 1995?	A. Ganga B. Kosi C. Narmada D. Cauvery
4	Which river forms the largest river basin?	A. Ganga B. Godavari C. Mahanadi D. Bhramhaputra
5	Which river flows through the state of Assam and is known for changing its course frequently?	A. Brahmaputra B. Ganga C. Godavari D. Chambal
6	Which of these rivers does not flow through the Himalayas?	A. Indus B. Godavari C. Alaknanda D. Bhagirathi
7	Which river lent its name to India?	A. Ganga B. Indus C. Bhagirathi D. Krishna
8	Which river originates from the Maikal range?	A. Gomti B. Ghaghra C. Son D. Narmada

1	2	3	4	5	6	7	8
B	D	D	A	A	B	B	D

Yoga Time



**Dhanurasana–
The Bow Pose**



**Adho mukha svanasana
The Dog Pose**



**Vrikshasana –
The Tree Pose**

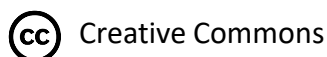


**Utkatasana –
The Chair Pose**

Can you solve these riddles?

1. Where can you always find health, wealth and happiness?
2. At this moment everyone in the world is doing the same thing. What is it?
3. A doctor and a boy were fishing. The boy was the doctor's son, but the doctor was not the boy's father. Who was the doctor?
4. A frog fell into a well 3.6 meters deep. He could jump 1 meter, but every time he jumped 3.6 meters he fell back 61 centimeters. How many times did he have to jump out of the well?
5. A man started to town with a fox, a goose and a sack of corn. He came to a stream which he had to cross in a tiny boat. He could only take one extra thing with him across at a time. He could not leave the fox alone with the goose or the goose alone with the corn. How did he get them all safely over the stream?

Summer Activity Worksheet



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These questions are taken from *501 Brain Busting Puzzles*, Top That Publishing, Victoria, Australia 2010. ISBN 978-1-92131-928-0

1. In the dictionary	2. Getting older	3. His mother	4. On the tenth jump he reached 3.9 meters and was out!
5. He took the goose over first and came back. Then he took the fox across and brought the goose back. Next he took the corn over. He came back alone and took the goose.			

Word Search

U D P B O Z Y O Q M Q F A V A
T W H N S V Q N C G V N I Q N
K X W A W M L A A F A R L B A
A F U I N Q B R Z S A Z H J S
T H Q Y X U U M A B U Z X M A
A W J H D D R Y H Q D A Y I H
S Y A T A Q R A W Y E G Y M D
A O E S Z A D Y S R P T Y G N
N N A E J R J B B A A U A S A
A N R R A X Q G G G N V F V B
A N A S A K U A N H U A L C U
Q M A V R I K S H A S A N A T
A N A S A N O K A H D D A B E
A E F I Q O A C A H I A B F S
W Z S Y X F D M Z G Q R S G J

BADDHAKONASANA

MARJARYASANA

UTKATASANA

DHANURASANA

NAUKASANA

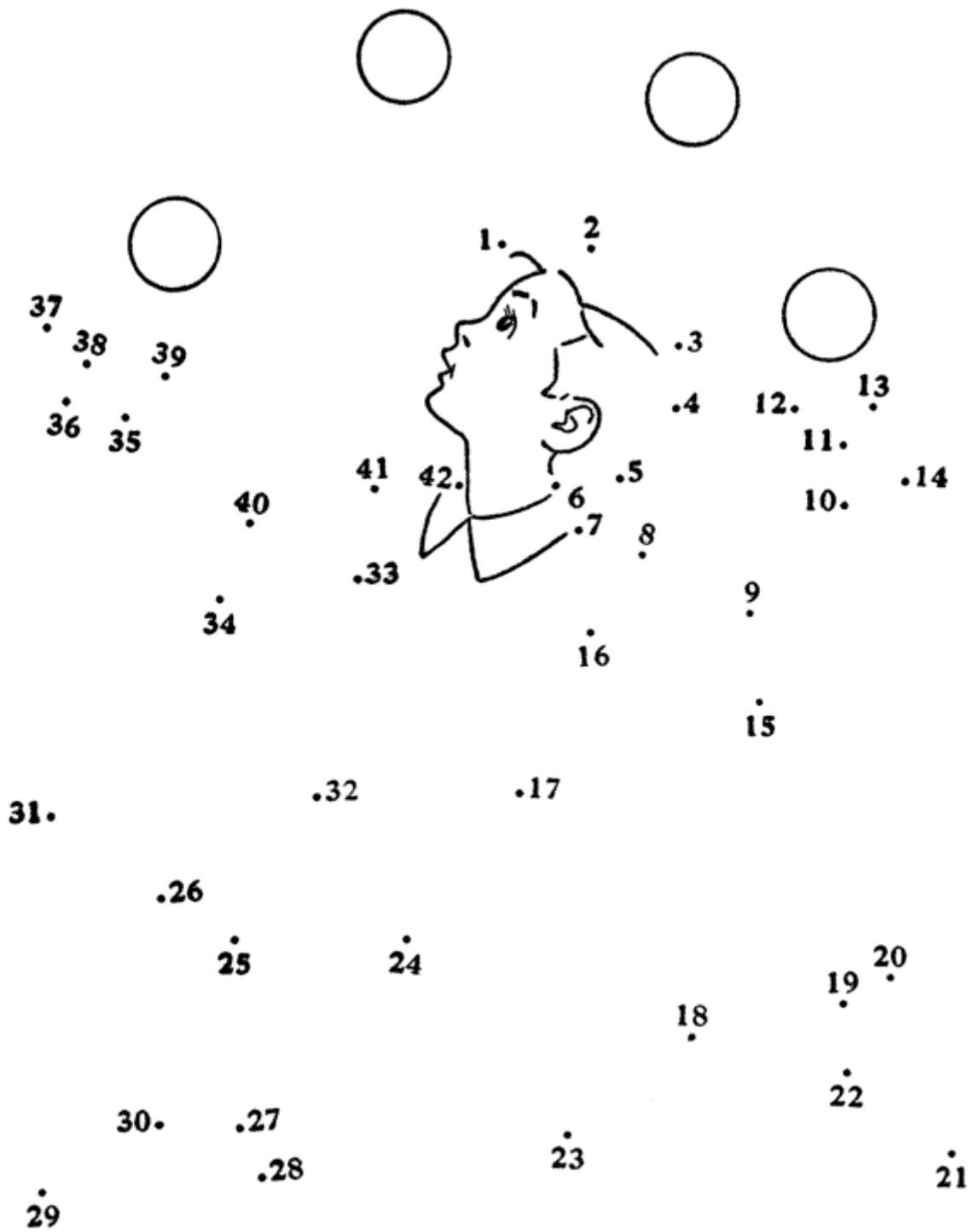
VIRABHADRASANA

GARUDASANA

SETUBANDHASANA

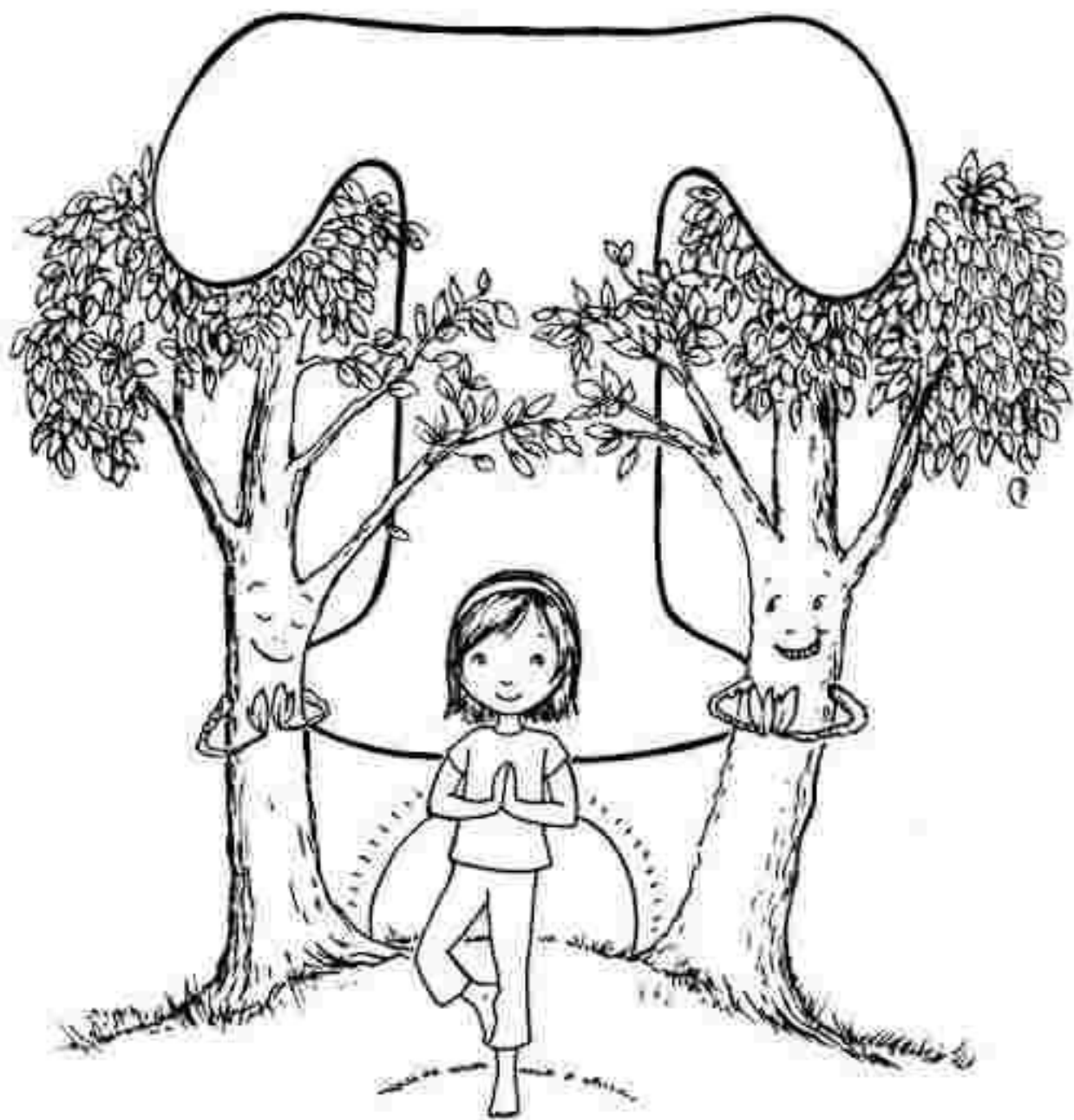
VRIKSHASANA

Join the dots



Color

Tree



Find the hidden object

Move from one square at a time to get from Start to Finish.

You must move in the direction the arrow is pointing. If the arrow points two ways then you can go in either direction.

Note: This activity is taken from <https://www.cclc.vic.gov.au/cms/content/uploads/2018/11/Primary-Activity-Booklet-w-page-numbers-w-logo.pdf>

Find the hidden object

