

# Smile & Yoga

Hold each pose for 30 secs - 3 times



Naukasana

**The Boat Pose**



Garudasana

**The Eagle Pose**



Virabhadrasana I

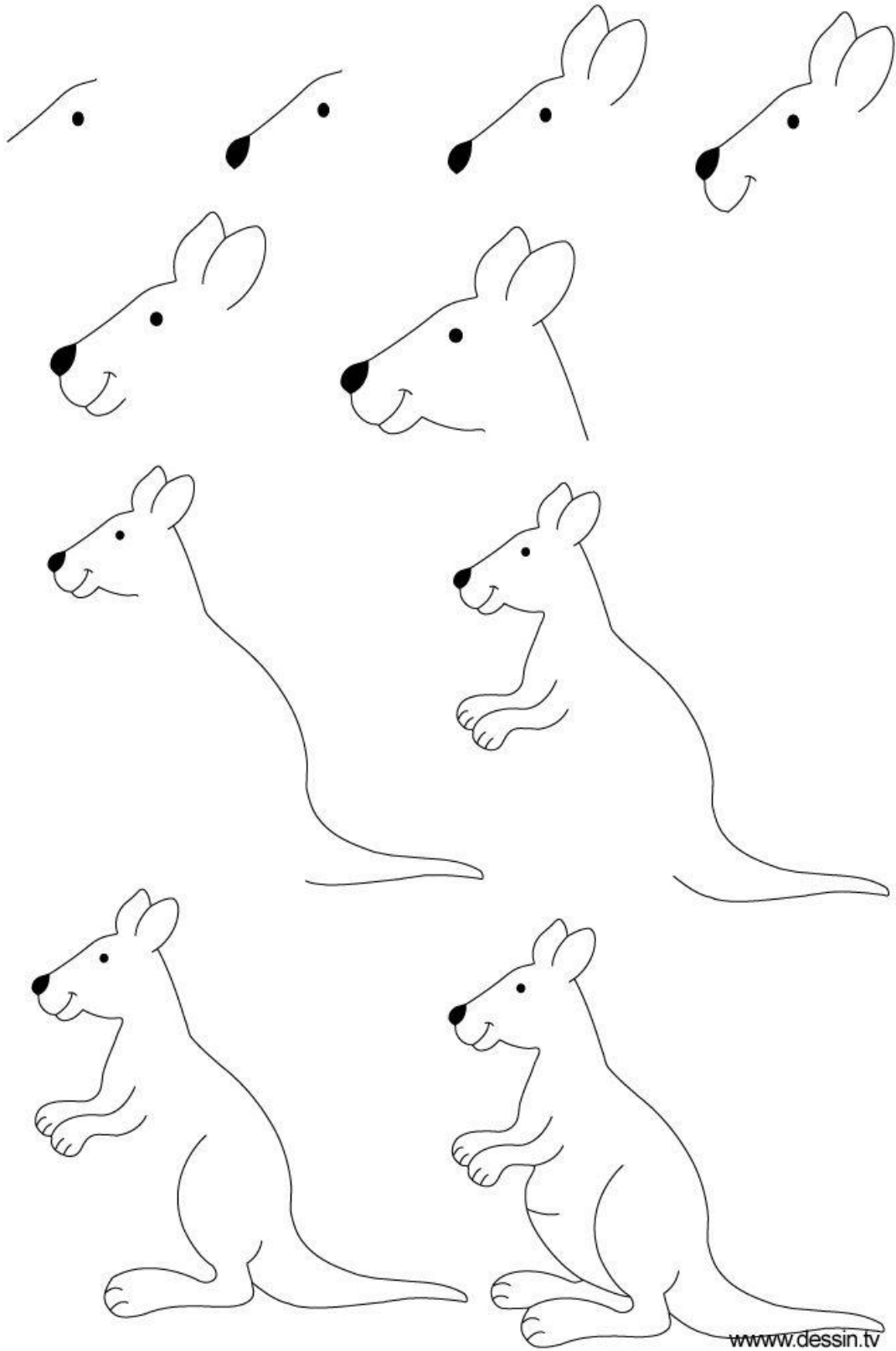
**The Warrior Pose I**



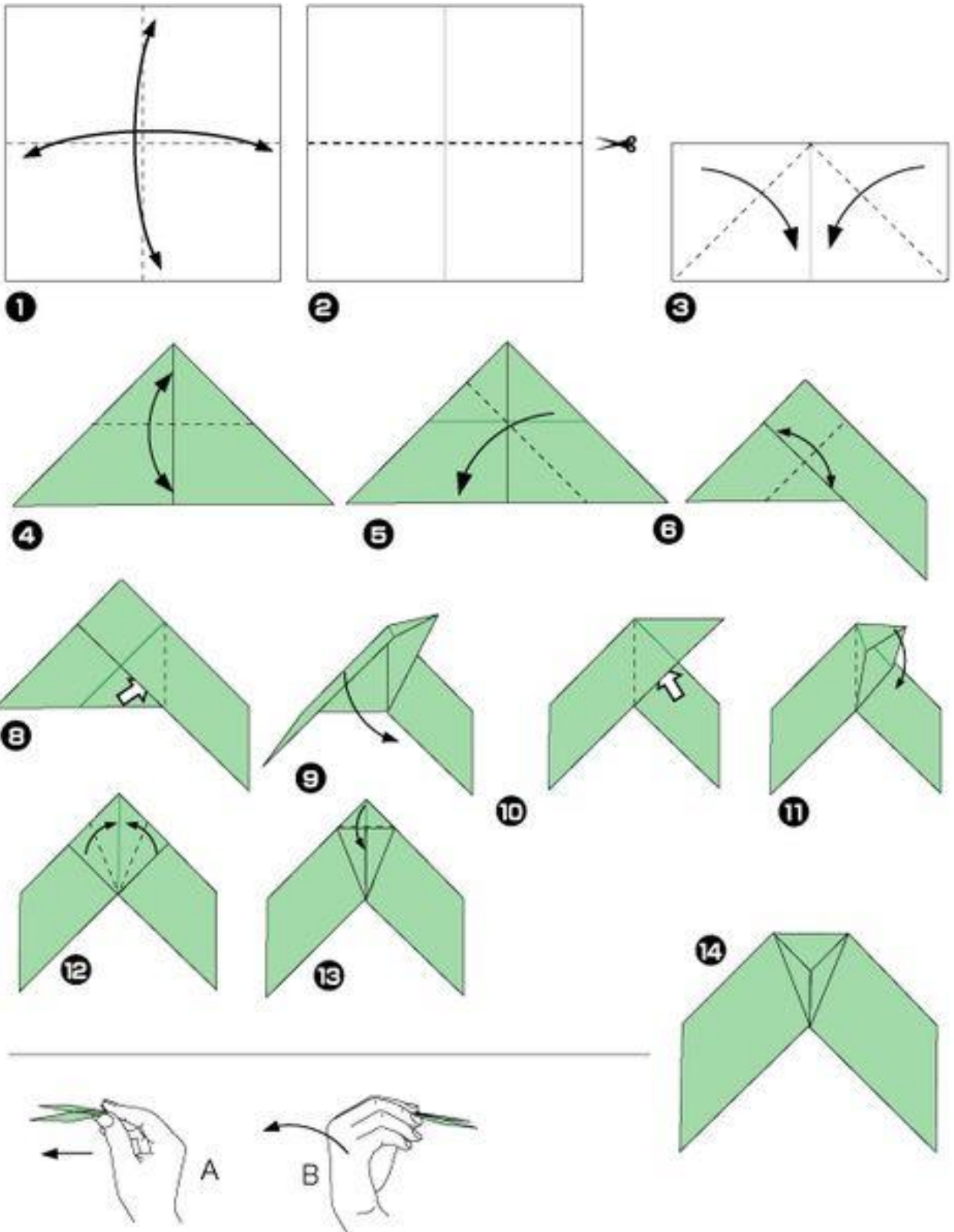
Baddha Konasana

**The Butterfly Pose**

# Step by Step Drawing



# Origami- Boomerang



# QUIZ on AUSTRALIA



1. Australia is a country and also a \_\_\_\_\_
2. Australia is below the equator. That's why it's called \_\_\_\_\_
  - a) Continent
  - b) Equatorial
  - c) land down under
  - d) Aboriginal
3. Australia is made up of \_\_\_\_ states and \_\_\_\_ territories
  - a) two, six
  - b) six, two
  - c) two, four
  - d) nine, two
4. The brush tailed possum build their nests in a \_\_\_\_\_ tree.
5. The outback does not get very much rain and is very dry. It is located in which part of the country ... ?
  - a) Eastern
  - b) Northern
  - c) Middle
  - d) Southern
6. Another name for the game Candyland in Australia is ?
7. The \_\_\_\_\_ used the boomerang as a \_\_\_\_\_. Today, children use it as a toy
8. The largest deposit of coral in the world is in Australia. It is about 1250 miles long. It is called the \_\_\_\_\_





9. "The first inhabitants of Australia were the Aborigines, who migrated there at least 40,000 years ago from \_\_\_\_ "
10. In 1999 and 2003, Australia won the \_\_\_\_\_ World Cup
- a) Rugby                      c) Basketball  
b) Cricket                      d) Rules Football
11. The first Europeans to explore Queensland were ?
- a) Dutch                      c) Portuguese  
b) British                      d) Aborigines
12. "During World War I, Australia fought alongside which country ? "
- a) Germay                      c) China  
b) Britain                      d) USA
13. Which animal is the only indigenous animal to Australia ?
- a) Emu                      c) Kangaroo  
b) Kiwi                      d) kookaburra
14. Melbourne's motto is Vires acquirit eundo meaning
15. Which of the following animals was not founded in Australia ?
16. An acronym for Queensland and Northern Territory Air Service is a name for a major airline for Australia. The name is . ?

# Watch a Movie & fill this Review

Movie Name: \_\_\_\_\_

Draw a character from the Movie



Your Movie Rating



Terrible



Bad



OK



Really  
Good



Fantastic

# Colour by Number



1 Green  
5 Purple  
9 Pink

2 Brown  
6 Red  
10 Light Pink

3 Orange  
7 Grey

4 Blue  
8 Yellow

# THE BODY WEATHER REPORT

Just like the weather changes outside, our thoughts and emotions change in our body. Take your weather report by answering the following prompts:

Scanning my body I notice

Cool

Hot

Warm

Burning



Observing my mind I notice:



Calm

Gentle

Blank

Mess

Checking in with my heart I notice:

Slow

Regular

Fast

Rapid





# Solve these Riddles

71 I cannot hear or even see,  
But sense light and sounds there may be,  
Sometimes I end up on a hook,  
I can be combined with a book.  
What am I?

72 What starts with a P, ends with an E and has a million letters in it?

73 What type of house weighs the least?

74 What kind of room doesn't have physical walls?

75 What kind of room has no doors or windows?

76 What goes up and down without moving?

77 Which popular cheese is made backwards?

78 What fastens two people yet touches only one?

79 When you do not know what I am, then I am something. But when you know what I am, then I am nothing. What am I?

80 A red house is made out of red bricks.  
A blue house is made out of blue bricks.  
What is a green house made out of?

81 What gets wetter and wetter the more it dries?

82 What is so delicate that even mentioning it breaks it?

# MAKE 30

## MAKE 30

Use the numbers in the grid each time.

6	7	12	25	21
9	10	19	13	18
16	14	23	11	5

### *Challenge 1*

Find **pairs** of numbers that add up to 30.

Try to find 6 different pairs.

### *Challenge 2*

Try to find sets of **3** numbers that add up to make 30.

Try to find 6 different answers.

# FUN MULTIPLICATION

Write the correct answer inside the bubbles

1 x 4

2 x 1

3 x 2

1 x 0

2 x 4

3 x 1

5 x 2

3 x 3

2 x 2

5 x 3

# Grade 1-3

# ANSWERS

## Grade 1-3

### Riddles Answer

71. worm
72. post office
73. lighthouse
74. chat room
75. mushroom
76. stairs
77. Edam
78. wedding ring
79. riddle
80. glass
81. towel
82. silence

### Quiz Answers

#### Australia Quiz Answers

1. Continent
2. land down under
3. six, two
4. Gum
5. Middle
6. Lollieland
7. aborigines, weapon
8. Great Barrier Reef
9. Southeast Asia
10. Cricket
11. Dutch
12. Britain
13. Platypus
14. We gather strength as we grow
15. Kiwi
16. QANTAS

#### Make 30

##### Challenge 1

- 21 +9
- 16+14
- 23+7
- 18+12
- 25+5
- 19+11

#### Challenge 2

There are many different combinations

- 5+6+19
- 5+7+18
- 6+11+13
- 6+10+14
- 7+10+13
- 9+10+11